



TOOWOOMBA
HOSPITAL
foundation

Year in Review
2015/16

no one has ever
become poor
by Giving

PUBLIC AVAILABILITY

An online version of this document is available on our website
www.toowoombahospitalfoundation.org.au

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To view our 2015/16 Annual Report including financial statements, please visit
WEB www.toowoombahospitalfoundation.org.au

ACKNOWLEDGEMENT

The Foundation would like to acknowledge the ongoing support of the Darling Downs Hospital and Health Services Board, Executive Team and Staff with whom we work closely on a daily basis. Special acknowledgement to the DDHHS Media and Communications team, who assisted with information and photos for this Year in Review.

Our Year in Numbers

\$77,792

Funding provided for health and medical research grants



\$82,733

Funding for professional development, training and education of hospital staff



\$1,349,493

Total funding provided to Toowoomba Hospital, Baillie Henderson Hospital and Mt Lofty Nursing home



\$168,442

Funding provided for equipment, resources and facilities



\$112,383

Funding provided for scholarships (25)



\$334,287

Funding provided for special projects and programmes



Who We Are

The Toowoomba Hospital Foundation supports the community by helping to improve local health facilities and services at Toowoomba Hospital, Baillie Henderson Hospital and Mt Lofty Heights Nursing Home.

OUR 5-YEAR PRIORITIES

- 1** Ensure that hospital patients and their families have access to convenient accommodation and parking facilities;
- 2** Grow partnerships with corporate sponsors, other charities and businesses related to our core work to be major contributors to our financial portfolio;
- 3** Ensure that all people in our community wishing to make a bequest are aware of the Foundation as an option and find making a bequest easy;
- 4** Raise and distribute funds across a broader scope of community and hospital needs in order to maintain our sustainability and grow the THF brand.



ENERGY



COLLABORATION



EMPATHY



FROM OUR CHAIRMAN

It is with great pride that I present this review as 2016 marks the 25th anniversary of the Toowoomba Hospital Foundation.

I am very proud to say that since our inception, we have provided close to \$8 million to the Toowoomba Hospital, Baillie Henderson Hospital and Mt Lofty Heights Nursing Home through equipment, staff development, research and scholarships.

The Foundation's first donation to the Toowoomba Hospital was a \$400 breast pump back in 1994. In contrast, our single biggest donation was \$1 million last year to outfit Toowoomba Hospital's second endoscopy unit with the latest state-of-the-art equipment. In this financial year the total funding to Toowoomba Hospital, Baillie Henderson Hospital and Mt Lofty Heights Nursing Home and local health services is \$1,349,493 and I am sure you will agree that this is an amazing achievement.

To our donors, sponsors, service clubs, community groups, and our Buddhist friends from the Pure Land Learning College, a heartfelt thank you for the years of ongoing and unwavering support. Without their generosity, support and commitment to this Foundation, we would have nothing.

Our 2015-18 strategic plan, coupled with the arrival of our new CEO, Alison Kennedy, and the fantastic plans she has for the Foundation, will ensure we remain Toowoomba's charity of choice. Alison has been well supported in her endeavours by the Foundation team of Anna, Rosemary, Tammy, Melanie and Pam.

I have had the great honour of being chairman of this great Foundation for many years and I have thoroughly enjoyed it. Thank you for being part of another very successful year and I look forward to working with you all in the coming year.

RAYMOND F. TAYLOR

CHAIRMAN

FROM OUR CEO

I am proud to present my first report as the new CEO of the Toowoomba Hospital Foundation.

In our 25th anniversary year we have successfully raised just over \$1.3 million for the Toowoomba Hospital, Baillie Henderson Hospital and Mt Lofty Heights Nursing Home – a truly outstanding achievement.

Some highlights of our fundraising calendar were the JB's Cabaret concert which realised a donation of \$50,000 and the One Wish One Cure Blue Ball donation of \$50,000 to help local children with Type 1 Diabetes.

It was an honour to be a part of the Toowoomba's Christmas Wonderland celebrations as my first 'outing' as new CEO. The \$25,000 donation we received enabled us to purchase a critical care ultrasound machine valued at \$113,500. This is a huge achievement and one that is truly appreciated by our hospital staff.

The Toowoomba Hospital Foundation gala race day presented by McConachie Stedman raised \$40,000 for our Child and Youth Mental Health Service. The team at McConachie Stedman is so inspiring and we enjoyed every moment of working with them to make this a huge success.

This year we are particularly proud of two donations we have made: \$118,000 to fund a clinical trials nurse for our Regional Cancer Care Centre and the \$250,000 echocardiograph we have purchased for Toowoomba Hospital's critical care ward.

To all the businesses, volunteers and community members that support our organisation, we applaud you. We cannot do this on our own and our relationships with you are invaluable.

I would like to thank the wonderful Foundation team of Pamela Hammond, Anna-Louise Sauverain, Rosemary Davis, Melanie Coultas, and Tammy Wilson.

To the board, whose energy and knowledge I rely on, thank you for the welcome to the new role and I look forward to the next 12 months and some exciting new plans.

ALISON KENNEDY

CHIEF EXECUTIVE OFFICER



Our Board

The Foundation is governed by a voluntary Board of Directors who are drawn from the general, business, medical and university communities. The Directors give of their time and expertise freely, and without remuneration.

The Board's primary responsibility is to establish strategic direction, pursue established objectives and monitor business performance.

Together with the CEO, the Board develops and oversees fundraising projects with an emphasis on raising the awareness of the needs of the hospital and health services.



Our Team

Chief Executive Officer Alison Kennedy joined the Foundation in January 2016. Alison brings very strong skills in sponsorship, corporate relations and donations to the Foundation and she is creating some exciting new events and building the Foundation's business base.

Business Manager, Anna-Louise Sauverain, manages the financial and business aspects of the Foundation.

Rosemary Davis, Relationships Coordinator, manages the Foundation's relationships with our donors and stakeholders.

Tammy Wilson and Melanie Coultas share the role of Community Engagement and Events Manager. Both have strong backgrounds in event management, communications, media and community engagement.

Pamela Hammond, who was the Foundation's Executive Support Officer, retired in June after 10 years with the team.

Changing of the Guard



JANUARY 2016 SAW AN HISTORIC CHANGING OF THE GUARD AT THE TOOWOOMBA HOSPITAL FOUNDATION

After 23 years of serving his local community through the Foundation, CEO Peter Rookas retired to spend more time with his family and enjoy some international travel.

After starting at the Foundation with nothing more than a pen and a piece of paper, Peter presided over the Foundation's first donation to the Toowoomba Hospital of a \$400 breast pump back in 1994, all the way through to the Foundation's single biggest donation of \$1 million last year to outfit Toowoomba Hospital's second endoscopy unit with the latest state-of-the-art equipment.

During his time at the helm, Peter lived the Foundation's motto – 'with a little help from our mates'. He has seen a lot of changes and a lot of health staff come and go but he has always reiterated his gratitude and respect for everyone who has helped make the Foundation the successful charity it is.

Alison Kennedy joined the team as our new CEO in January. Alison brings very strong skills in sponsorship, corporate relations and donations to the Foundation. She has hit the ground running, creating some exciting new events and building the Foundation's business base.

Alison is very much looking forward to taking the Foundation into the next 25 years of its service to the local community.



Serving Our Community for 25 Years

Toowoomba's nine year old Gabriella Byatt has been the driving force behind a generous donation to the Toowoomba Hospital Foundation.

Celebrating our 25th anniversary of service to the community this year, we decided it was time to rebrand to see the Foundation through the next 25 years.

It was a chance meeting at a fundraising dinner that Community Engagement and Events Managers, Tammy Wilson and Melanie Coultas, met Gabriella, daughter of Adam Byatt, a Director of Indigo Web.

When Gabriella heard that we were looking for a new website she insisted that her dad and Indigo Web Co-Director, Danny Summers, donate a website to the Foundation.

Explaining her reasoning, Gabriella said that she wanted to be able to help sick people in the local community.

'I was born 9 weeks prematurely and after being in hospital in Brisbane, I stayed in the Toowoomba Hospital's special care nursery for about six weeks before I was allowed to go home.

'Everyone at the hospital works really hard to help sick people. The Toowoomba Hospital Foundation also works really hard to help sick people and so I wanted to be able to help them too.

'Because Danny and my dad could make a new website for them, the Foundation would have more money to spend on helping sick people, especially children,' Gabriella said.

Working with Indigo Web led us to graphic designer, Chantal Lahey, Creative Director of Creativore, who has created a spectacular new logo and brand for us.

Chief Executive Officer, Alison Kennedy, said the Foundation was grateful to Gabriella, Adam, Danny and Chantal for their support.

'Gabriella is an amazing young person and her desire to help others and give back to the community at such a young age is to be applauded.

'Indigo Web and Creativore have done us proud with our new website and brand. Their generosity means that we can now work even harder supporting our local hospital and health services staff, while at the same time saying thank you to our generous donors and supporters.

'We are all about connecting the hospital and the community and we're in a great position to keep doing this for the next 25 years at least,' Alison said.



TOOWOOMBA
HOSPITAL
foundation

*with a
little help
from our
mates*



ABOVE GABRIELLA WITH MUM HEBA AND HER TWINS GEORGIA AND MARIZ IN THE TOOWOOMBA HOSPITAL SPECIAL CARE NURSERY

creativore



{2}



{1}



{4}



{5}



{3}



Children's Health

HELPING SICK CHILDREN & THEIR FAMILIES

The support for our youngest patients and their families from people across Toowoomba and the Darling Downs knows no bounds. We are constantly in awe of the generosity shown to our babies, children and young people.

The help we receive comes in many forms – from lovingly knitted premmie baby beanies, to large organisations hosting race days and golf days on our behalf, and much more in between.

To everyone who has supported our children's health services, we say a heartfelt thank you.

COMMUNITY SUPPORT FOR OUR TOOWOOMBA HOSPITAL CHILDREN'S APPEAL

Christmas 2015 arrived early at the Toowoomba Hospital children's ward when some angels from the Clifford Gardens Shopping Centre's Angel Appeal came to visit. The centre's Angel Appeal is in its third year, proudly donating \$2707. {1}

Families from the Rangeville Early Education Centre raised over \$3000 to help sick children at the Toowoomba Hospital. During the year the children were busy creating gorgeous art works. The children's hard work and creativity culminated in every child having an art piece showcased in the centre's annual art exhibition. {2}

Thanks to the purchase of new educational equipment worth \$2730, mums and dads of premature babies are receiving an extra helping hand before taking their precious bubs home from the special care nursery. {3}

Our Crazy Pants days have been a huge hit with schools and this year businesses got to join in the fun. Willows Health and Lifestyle Centre rose to the challenge, with staff and members spending a day dressed in their craziest pants. {4}

The Pittsworth and District Campdraft Association made a generous \$3150 donation to sick children in the region as a result of a unique auction at their recent campdraft. Suggested by one of the younger members, the service fees to three of Australia's best equine sires were auctioned, fetching a great price. {5}

Masquerade masks and music were the key features of the 'Woggies Unmasked' gala evening hosted by the Rognoni family. Along with music from 'Copanella Duo', guests were treated to four courses of 'Rognoni' Italian cuisine. {6}

Members of the Phoenix Netball Club made a wonderful \$1200 donation. Incepted four years ago, the club aims to give something back to the local community each year. {7}

Jorge Minion and some gorgeous little dancing minions from Dancing Stars Toowoomba helped us launch the Toowoomba Hospital Children's Appeal at Clifford Gardens Shopping Centre in January. {8}

Our wonderful friends at the Highfields Pioneer Village made a generous donation of \$3517 as a result of their hugely popular Easter Vintage Festival. {9}

Toowoomba School of Dance proudly presented Alice in Wonderland's Garden Party and A Night at the Carnival in the 2015 fundraising production of A Christmas Wish. Guests enjoyed the stunning performances by all of the dance students, helping to raise \$1325. {10}

The Chronicle's 'On the Punt' competition raised \$3870. A huge thanks to everyone who participates in this regular tipping feature. {11}



{10}



{16}



{18}



{9}



{13}





SUPPORTING 4GR'S ANNUAL GIVE ME 5 FOR KIDS APPEAL

Danny Minion, Frozen's Olaf and Chase from Paw Patrol all visited our second annual Teddy Bears' Picnic. Sponsored by the Kath Dickson Family Centre, families enjoyed a great morning full of teddy bears, games and picnic food, raising \$3094. {12}

Zombies took over the streets of Toowoomba again this year with people of all ages participating in our third annual zombie walk. Everyone from toddlers to teenagers to grandparents got into the spirit of the event, dressing as zombie nurses, zombie brides, zombie children and much more. A huge \$11,211 was raised. {13}

Our fourth annual Ladies Diamond Luncheon at Gips Restaurant was a huge success, raising around \$12,000. One lucky lady took home a stunning 18ct yellow gold diamond ring featuring a marquise cut diamond, worth \$2250, thanks to our wonderful friends at Central Jewellers. A designer label fashion parade and a girls' weekend away auction package added to the fun. {14}

HELP FOR CHILDREN LIVING WITH TYPE 1 DIABETES

Kim McCosker from the '4 Ingredients' international phenomenon came for a visit as part of One Wish One Cure's Diabetes Day Out series. Kim helped Type 1 Diabetic kids and their families with information and practical tips for preparing healthy, easy meals. {15}

October's Blue Ball held at Brisbane West Wellcamp Airport was a huge success. One Wish One Cure ambassador, netballer Verity Simmons, shared her personal journey with Type 1 Diabetes. Guests enjoyed the black tie gala event, raising \$54,158 to help children and their families cope with Type 1 Diabetes. {16}

HELP FOR OUR YOUNGEST PATIENTS COMES IN MANY FORMS

During the Christmas period Premature babies in Toowoomba Hospital's Special Care Nursery received some very special keepsakes, thanks to staff and friends of the hospital. Bernadette Kajewski took out first place in the competition that is generously sponsored by Urban Grounds Cafe. {17}

The inaugural Fossil Downs Bush Barrel Races were staged this year, resulting in a donation of \$1000. This new event on the barrel racing circuit was the brainchild of Mick and Vanessa Hinz, whose three year old son, Rydar was diagnosed with Congenital Adrenal Hyperplasia at Toowoomba Hospital shortly after birth. {18}

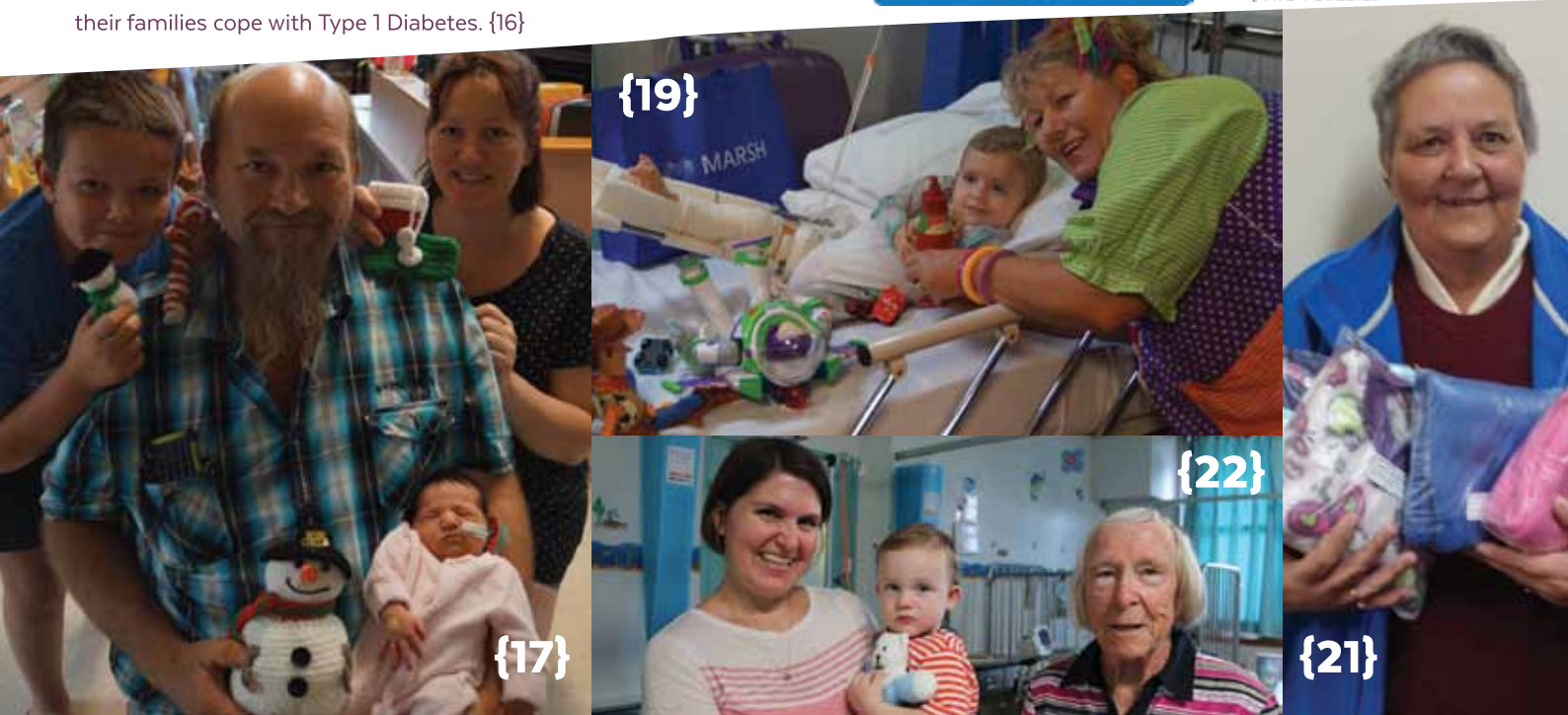
The Toowoomba Show came early to sick kids in hospital when the Darling Downs sub-chamber of the Queensland Chamber of Agricultural Societies bought dancers and a clown to our children's ward to spread some cheer and deliver gifts. {19}

Our wonderful friend Shirley, aged 86 from Inglewood, spends a lot of time knitting trauma teddies for our sick children at the Toowoomba Hospital. So far Shirley has donated an impressive 40 teddies. {20}

Our lovely friend Colleen from Nanango donated a box full of brand new children's jumpers and tracksuits that she had lovingly sewn. We really enjoyed passing them on to the children we care for at Toowoomba Hospital. {21}

The Chronicle
864 4GR AM

One Wish,
One Cure
TYPE 1 DIABETES



Women's Health

Going Pink FOR WOMEN'S HEALTH

The Foundation regularly 'goes pink' to support our local BreastScreen Queensland Toowoomba service, and local Toowoomba woman, Anita Armanasco, is one of the driving forces behind that support.

As Fitzzy's functions manager, Anita is supported by her Fitzgibbons family: mum Maralyn, dad John and brother Brad.

Anita said she was absolutely thrilled that the 2015 AON Colour of Change lunch raised \$47,000.

'We were aiming for \$45,000 and this is just beyond our expectations,' she said.

The annual Colour of Change lunch is supported by major sponsors AON Risk Services, and diamond sponsors Pandora and The Silver Shop.

Another Toowoomba pink supporter is Gip's restaurant, annually hosting the La Bonne Vie breast cancer late luncheon, sponsored by Create Financial Solutions.

La Bonne Vie means 'the good life' so the menu featured exquisite French champagne and cuisine, all of which helped the ladies to raise \$2747.

FACT

2015 AON
COLOUR OF CHANGE
LUNCH
raised \$47,000

The 2016 guest speaker was local blogger Julie Shinnars, from online breast cancer support network 'Boob-in-a-box' and guests were also joined by renowned jewellery designer Kiron Barui, whose creations have been stocked at Harrod's in London, featured at London Fashion Week and seen in fashion magazines around the world.



ABOVE ANITA CELEBRATES ANOTHER SUCCESSFUL COLOUR OF CHANGE LUNCHEON

BELOW JULIE IS THE DRIVING FORCE BEHIND THE POPULAR BLOG 'BOOB-IN-A-BOX'



Men's Health



ABOVE THE STAFF MEL, ROSEMARY, PAM AND ANNA WORKING HARD

BELOW TROY HELPED US TO TALK ABOUT MEN'S HEALTH



Looking after yourself means looking after your business and your family, now and in the future. This was the central theme for the 'It's a Bloke Thing' resilience roadshow that travelled around south west Queensland in July and August.

Internationally renowned wellness coach, Troy Morgan, discussed four key tips that are essential to maintaining a strong and healthy body and mind: sitting less, moving more, managing stress and improving sleep.

We took the roadshow to Toowoomba, Dalby, Stanthorpe, Miles, Roma, Goondiwindi, Kingaroy, and Warwick with funding from the annual It's A Bloke Thing prostate cancer luncheon.

The 2015 Qantaslink It's A Bloke Thing prostate cancer lunch raised \$1.13 million, making it the most successful fundraising daytime event in Australia.

All in the name of fighting prostate cancer, special guest, country music star Lee Kernaghan, and celebrity chefs Matt Golinski and Alastair McLeod helped to ensure guests dug deep for the cause.

The It's A Bloke Thing lunch started in 2011 when a group of Toowoomba men - John Fitzgibbons, John Wagner, Mark Crampton, and Gary Gardner - wanted to raise funds and awareness for prostate cancer.

A portion of the lunch's funds are donated to the Foundation every year.



FACT

**THE 2015 QANTASLINK
IT'S A BLOKE THING
PROSTATE CANCER LUNCHEON**
raised \$1.13 million

Cancer Care



ABOVE LEAH TREADWELL INSPECTS NEW EQUIPMENT WITH SUE MCLEVIE AND KAREN MACKELLAR

BELOW DOUG MEIKLEJOHN AND IAN GRIEVE PRESENT THE NEW WHEELCHAIR



Supporting Our Cancer Care Services

Cancer patients in their final months of life are being made a little more comfortable thanks to a lasting legacy created by a local family.

Leon Treadwell was a Toowoomba man who passed away at the age of 32 from a very rare cancer in his appendix. Leon was an ardent golfer and a memorial golf day started in his memory has since raised well over \$20,000 for cancer care services at toowoomba hospital.

Leon's wife, Leah Treadwell, said that her family was immensely proud to be helping other cancer patients.

'Leon would always play a round of golf before his chemotherapy treatment. He would be very happy to know that people are playing golf in his memory and helping others in our community at the same time,' Leah said.

This year we have purchased four new sets of equipment that will allow terminally ill cancer patients to remain longer in their own homes with their families.

Valued at \$17,000, the electric beds, pressure reduction mattresses and over-bed poles will be loaned to patients of the Toowoomba Hospital palliative care outreach programme to support them in their final months of life.

**LEON'S MEMORIAL GOLF DAY
HAS RAISED WELL OVER \$20,000
FOR CANCER CARE SERVICES AT
TOOWOOMBA HOSPITAL**

Another group of dedicated Toowoomba locals are also supporting our cancer patients.

The Toowoomba Prostate Cancer Support Group donated a lightweight wheelchair to the Toowoomba Hospital palliative care outreach programme. The wheelchair will be loaned to cancer patients who are in their last stage of life.

Group representative, George Malcolmson, said that they were committed to helping men once they had received their cancer diagnosis.

'We are here to talk to men about our shared experiences, to help reassure them, to swap stories and help ease their stress. Our members all know first hand what it is like to have prostate cancer and we just want to support other men undertaking this same journey,' George said.



Not to be outdone by their Toowoomba neighbours, Murphys Creek woman Gaye de Ruyter, organised the eighth annual Fossil Downs Bush Rodeo last year, raising a total of \$4000 to support Toowoomba Hospital oncology and renal patients.

The Fossil Downs Bush Rodeo is a celebration of all things bush with visitors enjoying all the action of bulls, barrels and music.

Gaye is always extremely grateful for the huge support she receives from the Toowoomba and Murphys Creek communities.

**FOSSIL DOWNS BUSH RODEO
RAISED \$4000
TO SUPPORT ONCOLOGY &
RENAL PATIENTS**

LEFT GAYE IS THE FACE OF THE FOSSIL DOWNS BUSH RODEO



ANDREA BARBER, LIZ RATCLIFFE AND DR POKHAREL CAN NOW PROVIDE CLINICAL CANCER TRIALS

A clinical cancer trials unit has been opened at Toowoomba Hospital's regional cancer centre thanks to a \$118,000 donation from the Foundation.

Dr Khageshwar Pokharel, clinical director of cancer care services, said local access to trials would provide tremendous benefits for eligible patients.

'Traditionally, trials have been run through larger metropolitan hospitals, so for local patients who want to be involved, this has meant lots of travelling back and forth to Brisbane. Many of our patients already travel considerable distances to have treatment in Toowoomba, so even if they were eligible to enrol in trials, for some it has not been a viable option.

'The THF board saw the merit in having a trials unit based here in Toowoomba, so we are very grateful for their generosity in providing the funding to allow us to set up a clinical trials unit and appoint Liz Ratcliffe to the position of clinical trials nurse,' Dr Pokharel said.



FACT

**WE DONATED
\$118,000**

Toowoomba's Christmas Wonderland

Marshall Cox is one of Toowoomba's unsung heroes and along with his fellow members of the Lions Club of Toowoomba West, he is helping to save lives in Toowoomba Hospital's critical care ward.

Earlier this year we were able to purchase an ultrasound machine, valued at \$113,500, for the critical care ward with funds donated from Toowoomba's Christmas Wonderland over the last few years. The ultrasound machine will help staff to quickly assess and treat critically ill patients.

As the project chair of Toowoomba's Christmas Wonderland, Marshall said that knowing this new high-tech equipment is going to help save lives 'makes all the hard work worthwhile'.

As a result of the 2015 Christmas Wonderland, we received a donation of \$25,000 for which we are incredibly grateful.

It was a great honour to have one of Australia's most decorated military heroes officially open Toowoomba's Christmas Wonderland last year. Ben Roberts-Smith VC MG, who is now the General Manager of Seven Queensland, visited Toowoomba to welcome guests to the thirteenth lights extravaganza.

Over the past 13 years, Toowoomba's Christmas Wonderland has resulted in close to \$750,000 being donated to community groups and charities across the region. The three main beneficiaries are the Foundation, Toowoomba Hospice and Lifeline Darling Downs and South West Queensland.



ABOVE BEN ROBERTS-SMITH OPENED THE 2015 WONDERLAND



ABOVE THE NEW ULTRASOUND FOR OUR CRITICAL CARE WARD



ABOVE TOOWOOMBA HOSPITAL FOUNDATION CEO PETER ROOKAS, TOOWOOMBA CHRISTMAS WONDERLAND PROJECT CHAIR MARSHALL COX, TOOWOOMBA HOSPICE BOARD CHAIRMAN GRAHAM BARRON AND LIFELINE DARLING DOWNS AND SOUTH WEST QUEENSLAND CEO DEREK TUFFIELD

Golf Days

It's a great day for a game of golf

We are incredibly lucky to be supported by some amazing organisations that have made the Foundation the sole beneficiary of their charity golf days.

While none of the Foundation staff are golfers (since Peter retired), you'll always find us on site selling raffle tickets, taking photographs, running putting competitions, handing out trophies and just generally helping out as much as we can.

Toowoomba Hospital's emergency department has received some help from local fireies thanks to a very generous donation.

As a result of last year's 19th annual Queensland Fire and Rescue Service (Toowoomba) charity golf day, the fireies have been able to purchase an \$8000 accuvein - a handheld vein illumination system which supports medical staff in obtaining intravenous access in patients.

Toowoomba fireie, Darryl Williamson, said 'It is a real privilege to be able to serve the community as a fireie and to support hospital staff that are providing treatment to patients at such a critical time in their lives.'

Toowoomba Hospital's cancer care centre has received a generous \$8000 donation from the Mater Dei Parents and Friends (P&F) Association.

The funds were raised at their recent charity golf day which was held in honour of past Mater Dei staff members Sam Power and Patty Brady who both lost their battles with cancer.

Mater Dei P&F Vice President, Paul Cooper, said 'The organising committee was overwhelmed by the support from both the school and the community.'

The funds will be used to purchase an accuvein for the cancer care centre.

The Rotary Club of Toowoomba East is literally keeping dialysis patients warm by donating a blanket warmer to the Toowoomba Hospital renal unit.

The club donated \$10,000 to the Toowoomba Hospital Foundation as a result of their eighth annual golf day, requesting that the money be used to support the hospital's renal patients.

Immediate past president, Henry Campey, said 'Donations such as ours are a great way to help increase the Toowoomba Hospital's capacity to help people.'

The annual Oil Patch golf day saw golfers from across the mining sector come together for a round of golf, raising \$2895 for sick kids in our community.

See our story about supporting cancer care services for more information about the Leon Treadwell memorial charity golf day.



ABOVE DAVID SHOWS DARRYL HOW THE ACCUVEIN WORKS

BELOW MATER DEI'S JEREMY, PAUL, SCOTTY AND BRONTE PRESENT THEIR DONATION TO ALISON AND ROSEMARY



BELOW HENRY INSPECTS THE NEW BLANKET WARMER WITH JOSIE AND ALISON



FACT

**THIS YEAR'S
20TH ANNUAL FIRIES GOLF DAY
RAISED CLOSE TO \$5000.**

Mental Health

SUPPORTING MENTAL HEALTH SERVICES FOR OUR YOUNG PEOPLE

While taking out prizes for best dressed lady, best dressed man and best headwear was a great reward for Rebekah, Richard and Tash, they were also happy to know they were supporting Toowoomba children.

Mental health services for vulnerable young people in our community received a boost thanks to the success of our annual Melbourne Cup luncheon.

Hosted by the fantastic team at Angelo's House (now Urban Grounds Café), the luncheon saw us raise over \$6,000.

Two local businesses generously sponsored the luncheon, offering an added incentive for guests to get into the spirit of the spring racing season. Central Jewellers and Armstrong Auto Group donated prizes for best dressed lady and best dressed man.

The joint fundraiser saw St Vincent's Hospital purchase a specialist airflow machine for its children's ward.

Angelo's House Functions Coordinator, Scott Loury, said 'It was a real honour to be helping raise much needed funds for two important organisations, both of which make a huge difference to the lives of people in our city.'

This year we have again been able to fund a programme that's using art and music to help troubled kids.

The art therapy and music therapy group programmes for troubled young people has been in existence since 2014 at the Yannanda Adolescent Mental Health Unit at Toowoomba Hospital.

Young people from both the inpatient unit and the day programme make use of these therapies, with very high participation rates, providing a helpful alternative for children who may not want to participate in traditional 'talk therapy' programmes.



ABOVE SCOTT (LEFT) AND SARAH (SECOND FROM RIGHT) ARE PROUD TO SUPPORT RICHARD FROM TOOWOOMBA HOSPITAL AND SHARON FROM ST VINCENT'S HOSPITAL



ABOVE TASH, REBEKAH AND RICHARD WERE OUR BEST DRESSED GUESTS

TOOWOOMBA HOSPITAL FOUNDATION

Gala Race Day

SPORTS STARS SUPPORT TOOWOOMBA'S MOST VULNERABLE YOUNG PEOPLE

Queensland State of Origin and Brisbane Broncos stars Corey Parker and Sam Thaiday, and former NRL great, Shane Webcke, have more in common than just being rugby league legends.

The three stars came together in March to help us raise a massive \$40,000 to support some of Toowoomba's most vulnerable children and young people at the Toowoomba Hospital Foundation gala race day, presented by McConachie Stedman.

McConachie Stedman, a locally-owned accounting firm servicing the community for over 65 years, joined forces with us to support Toowoomba's Child and Youth Mental Health Service. This is a crucial service which provides a wide range of services to support children and young people who are experiencing emotional, behavioural or mental health problems.

McConachie Stedman director, Steve Kirkman, said that the firm was very proud to provide practical and direct support for the local community where it is needed most.

'These kids are some of our city's most vulnerable and they need all of the support we can give them. It has been a real labour of love for us to work with the Foundation to provide these much needed funds,' Steve said.

Chief Executive Officer, Alison Kennedy, said that equipment and facility enhancements were two of the biggest needs for the Child and Youth Mental Health Service.

'The service has a courtyard of bare concrete which is unusable for many months of the year. Improvements to this area would mean young people could use this space every day.

'The service's clinicians provide support for children and young people across a wide geographical area which can often stretch resources. Ensuring that these staff members have access to the latest training and resources will help them deliver the best possible service to as many children and young people as possible.

'It's thanks to local organisations like McConachie Stedman that we are able to provide practical and direct support for our community where it is needed most,' Alison said.



1 STEVE AND ALISON DISCUSSING PLANS 2 SCOTT AND ANGELA ENJOYING THE DAY 3 ALISON WITH MKR CHEFS LYNN AND TONY WOODBORNE 4 THF'S TAMMY WITH COREY AND SAM 5 MCCONACHIE STEDMAN AND TOOWOOMBA HOSPITAL FOUNDATION STAFF JOINING FORCES

Around The Health Service



1 MARC KENNEDY, MARK WHITE, STEPHEN SIMON

1 Our Three Fat Chefs Italian Feast, held at Fitzy's, saw our guests treated to a huge Italian feast with Ballandean Estate Wines to match. The three fat chefs were Marc Kennedy (Fitzy's head chef), Steve Simon (formerly of La Pizzaiola) and Mark White. Marc and Steve started cooking together in 1985 at the iconic Da Vinci's restaurant.



2 BOB KRECHMANN, WENDY IRWIN, DR PATRICK MURRAY

2 Our local Bowelscan Toowoomba Region Committee donated a \$15,000 Argon Plasma Coagulation (APC) Unit to Toowoomba Hospital's endoscopy unit. It is used to control bleeding from lesions within the gastro intestinal tract and stops further complications developing, often being used in emergency situations. Until now there has only been one APC unit at the hospital that had to be shared between two endoscopy rooms.

3 Our inaugural Pop Up Paint Along with Anna Bartlett from Shiny Happy Art was a sell out success, raising around \$1000. Our guests had a great day painting beautiful floral pieces in keeping with the September Carnival of Flowers theme. One group of painters also enjoyed painting along with Maryika Welter from Art Frenzi. The joint event saw funds donated to Mt Lofty Heights Nursing Home and the Toowoomba Hospice.



3 POP UP PAINT ALONG 2015

4 The 2015 Toowoomba Hospital ball raised funds to purchase equipment for the paediatric area of the emergency department. Just over \$700 was raised, with the Resident Medical Officer society bumping the total up to \$2000.



4 HOSPITAL BALL 2015

5 December saw hundreds of 'Santas' walking, running and skipping around Middle Ridge, raising \$4140 for the paediatric area of the Toowoomba Hospital emergency department. The inaugural Variety Santa Fun Run was held in partnership with the Rotary Club of Toowoomba South.



5 SANTA RUN



6 Renal unit patient and street busker Robert Kennedy's legacy lives on with the latest donation of \$862 from a little tips tin with a big responsibility. Rhonda Theodosis, who owns the Groceries & More Convenience store on Margaret Street has kept the tips tin going in the past four years since Robert passed away from renal failure.

7 Toowoomba Hospital cardiac patients are benefiting from a new cardiac ultrasound system valued at \$314,402. The Foundation's donation has enabled the hospital to establish its own echocardiography service and will double the hospital's current echocardiography capacity. Cardiology, critical care, intensive care, oncology, rehabilitation, surgical, mental health, and respiratory health services patients will all benefit.

8 Members of the Toowoomba Road Runners wanted to give back to the community so they made us a very generous donation of \$3000, raised at their three signature events - King/Queen of the Range, Ridge 2 Ridge 1/2 marathon and the Roger Guard memorial marathon.

9 'Crafty' residents from the Freedom aged care village meet most days for a chat and to work on their craft items. Three of the lovely ladies popped in with their first donations to the Toowoomba Hospital. These ladies know their craft, having won many awards at the Toowoomba Show.

10 Patients in Toowoomba Hospital's special care nursery, cancer care unit, children's ward and palliative care units received some extra special warmth this winter. The Toowoomba Quilter's Association's community quilting group responded to our call out for sewing items, creating beautiful quilts, turbans, burping cloths and more for our patients.



6 LIZ CORNEOS AND RHONDA THEODOSIS



7 ECHOCARDIOGRAPH DONATION



8 ANDRIES POTGIETER, ALISON KENNEDY & STEPHEN BUTTERWORTH



10 QUILTERS ASSOCIATION



9 FREEDOM LADIES DONATING CRAFT ITEMS

JB's Presents: The Wonder Years



THE BAND CHAPTER III ROCKING WITH THE BEST OF THEM

JB's presents: The Wonder Years was a year-long project that included the production of the 'Toowoomba's Wonder Years 1950-75' historical compilation book, the launch of a new CD single titled 'Here We Go Again, My Friends', and culminated in a rock 'n' roll concert attracting nearly 1000 people.

The concert included former iconic local bands such as Chapter III, 12x5 Unlimited and Gypsy, who re-united especially for the evening.

Organiser and Chapter III drummer Col Zeller said the event exceeded expectations.

'Many musicians came out of retirement, donating many hours for rehearsals and planning, travelling significant distances to Toowoomba, to ensure a great evening. We showed that 70-somethings can still rock with the best of them,' Col said.

Entrepreneur Terry Herbert was the brains behind JB's Presents back in the 1960s and it was the 50-year commemoration of that era that led to the Wonder Years project, which resulted in \$50,000 being donated towards breast and prostate cancer support and education.



THF'S PETER AND MELANIE SAY A HUGE THANK YOU TO TERRY



TAMMY AND MELANIE WERE VERY PROUD TO REPRESENT THE FOUNDATION AT THE GREAT GATSBY-THEMED AWARDS NIGHT

We take out a business excellence award



We were incredibly proud to be named Toowoomba's best not-for-profit organisation at the 2015 Heritage Bank Business Excellence Awards presented by the Toowoomba Chamber of Commerce.

Winning this award would not have been possible without the wonderful support we receive from so many people in our local community. This award belongs to all of our mates as much as it does to us.

After winning the community and not for profit category, our great friends at Lifeline Darling Downs and South West Queensland, went on to be named the Heritage Bank Business of the Year.

Supporting Our Staff

MEET CLAIRE WALTER.

During her time as principal house officer at the Toowoomba Hospital emergency department, Claire received a \$1500 grant from us to undertake her Certificate in Advanced Life Support in Obstetrics. The course covers things like complications and management during birth and neonatal resuscitation.

After finishing the course, Claire has an improved awareness of complications in pregnancy, birth and post partum, and improved neonatal resuscitation skills. Claire will also be able to share this new knowledge with her medical colleagues.

Claire's patients will benefit from her knowledge and management of obstetric emergencies that are often seen in the emergency department.

One patient in particular really put Claire to the test. On her first night shift back in the emergency department after finishing the course, Claire used her new skills to help a lady who delivered her baby in her car right outside the emergency department. Great timing and great work Claire!



MEET ANNE DOYLE.

Anne is an Indigenous mental health worker with the Toowoomba Hospital acute mental health unit. We were happy to fund the \$330 for Anne to attend a workshop about managing secondary traumatic stress and sustaining resilience.

The workshop taught Anne about vicarious trauma, how to identify the signs and how to deal with it. She now has a better awareness of stress and trauma and the need for self care.

Anne will be using her new skills to help her colleagues understand the importance of self care, the role secondary traumatic stress plays and useful strategies for coping with stress.

Being empathetic and not sympathetic is very important to Anne in her working life and her new skills will help with this.



IN THE PAST YEAR WE
HAVE DONATED \$82,733
FOR PROFESSIONAL
DEVELOPMENT, TRAINING
AND EDUCATION
FOR OUR DEDICATED
HOSPITAL STAFF. WE ALSO
PROVIDED \$112,383 TO
FUND 25 SCHOLARSHIPS
FOR OUR STAFF.

\$82,733



Funding for
professional
development,
training and
education of
hospital staff

\$1,349,493

Total funding provided
to Toowoomba Hospital,
Baillie Henderson
Hospital and Mt Lofty
Nursing home



PLLC Research Grants

PURE LAND LEARNING COLLEGE FUNDS HEALTH RESEARCH

**EACH YEAR
THE PURE LAND LEARNING COLLEGE
DONATES**

\$120,000

towards local research projects by staff employed at the Toowoomba Hospital, Baillie Henderson Hospital or Mt Lofty Heights Nursing Home

IN THE LAST YEAR WE HAVE PROVIDED

\$77,792

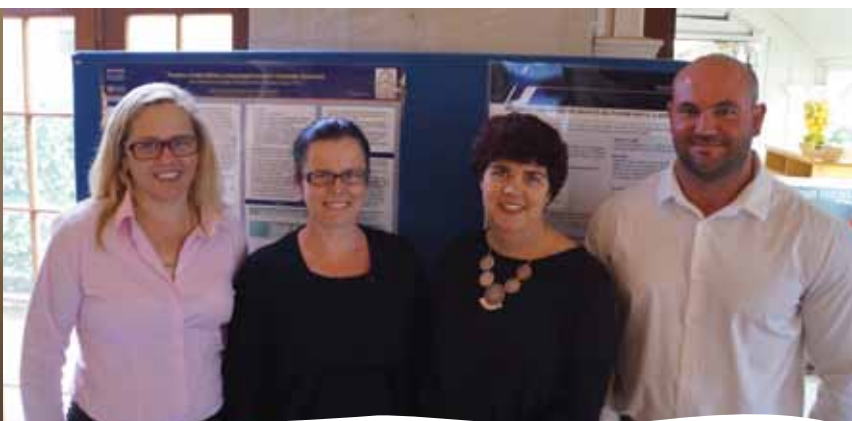
**FOR HEALTH AND MEDICAL
RESEARCH GRANTS**

THIS YEAR THERE WERE THREE SUCCESSFUL APPLICATIONS FOR RESEARCH PROJECTS BY BOTH NOVICE AND EXPERIENCED RESEARCHERS IN THE AREAS OF ALLIED HEALTH, MENTAL HEALTH AND ORAL HEALTH.

WE LOOK FORWARD TO HEARING ABOUT ALL OF THE RESULTS FROM THESE VITAL PROJECTS.



THE CHAIRMAN RAY TAYLOR PRESENTS A GIFT TO PLLC'S VENERABLE WU SHENG AND HANIFF ABDUL RAZAK



LISA DEETH, DR ANNA TYNAN, LINDA FURNESS, RICHARD HENSHAW 2015 PLLC RESEARCH GRANT RECIPIENTS

LINDA FURNESS will be conducting an investigation in to the contribution of occupational therapy pre-entry students to patient service delivery and the supervisory workload within regional and rural hospitals.

Linda's study will develop and pilot a model of care that expands the scope, safety and effectiveness of pre-entry students' contribution to patient service delivery in regional and rural hospitals using the Calderdale Framework. This framework facilitates the systematic measurement of clinical tasks and appropriate allocation to members of the health workforce.

RICHARD HENSHAW will be looking at 'reconnecting after repeated self-harm (RAFT): a brief intervention'.

RAFT is a trial of a digitally-delivered brief intervention aimed at reducing repeat episodes of hospital-treated deliberate self harm and self poisoning. Self-poisoning accounts for more than 80% of deliberate self harm presentations in Australia.

Richard tells us that the project has the potential to reach people at risk of deliberate self harm who are unable or unwilling to undergo face-to-face treatment with health professionals because much of the health-related information is delivered to the patient via mobile phone.

DR ANNA TYNAN secured funding to look an integrated approach to oral health in rural and regional aged care facilities using oral health practitioners and tele-dentistry.

Older people living in residential aged care facilities have been identified as a significant risk group for oral diseases in Australia and therefore the need to look at alternative models to deliver oral health services in regional and rural aged care facilities is critical.

Anna's project is designed to investigate an integrated approach to oral health care utilising oral health practitioners and tele-dentistry in rural and regional residential aged care facilities in order to understand its feasibility, acceptability and impact in this setting.

Volunteer With Us

VOLUNTEERING WITH US IS A GREAT WAY TO SUPPORT YOUR LOCAL COMMUNITY

*no one has ever
become poor
by Giving*

Time is something we never seem to have enough of at the Foundation office. We'd love to hear from you if you are able to lend a hand.

There are many ways people can use their time to help: filling goodie bags for fundraising events; running a putting competition at a charity golf day; selling raffle tickets at events; and volunteering at our events. The possibilities are endless and you're guaranteed to make new friends and have fun.

Meet some of the players from South West Queensland Thunder Football Club. The boys visited the Toowoomba Hospital children's ward just before Christmas to help spread some early Christmas cheer and give out gifts. Players Jack Percy, Jackson Franke, Anthony Grant and Jayden Formosa spent some time with eight year old Mia from Millmerran. Thanks to the boys for taking the time, the kids loved it.



SWQ THUNDER SPREAD CHRISTMAS CHEER
IN OUR CHILDREN'S WARD



JANELLE SEWS TREASURED BABY QUILTS

Meet Janelle Stirling from Dalby. Janelle loves to sew and regularly donates beautiful quilts for our precious preemie bubs in Toowoomba Hospital's special care nursery. Janelle is about to clock up 200 quilts. Thank you so much Janelle, your generosity has touched the hearts of hundreds of families.

THE WAYS PEOPLE CAN VOLUNTEER THEIR SERVICES TO LEND A HAND ARE INNUMERABLE.

Here are just a small number of examples of how people help the Foundation: the face painters who visit the Toowoomba Hospital children's ward to cheer up sick kids; the couriers who pick up and deliver things for our fundraising events; the service club members who cook thousands of sausages every year; the numerous women who sew and knit for patients young and old; and the artist who paints gorgeous murals throughout the hospital to help brighten everyone's day.

If you or your organisation would like to help THF, please get in touch today.



TOOWOOMBA
HOSPITAL
foundation

*with a
little help
from our
mates*



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